

P. E. & Sport Premium Report 2022- 2023

Purpose of the premium

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2022 to 2023 academic year, to encourage the development of healthy, active lifestyles.

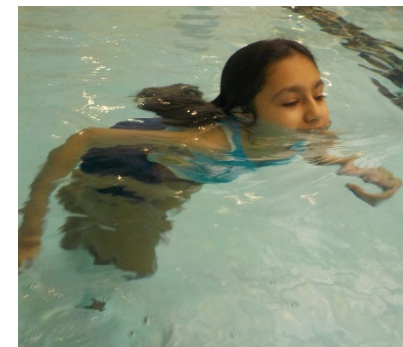
Funding Allocations

Allocations for the academic year 2022 to 2023 are calculated using the number of pupils in years Reception to Year 6, as recorded in the January 2022 census, as follows:

- schools with 17 or more pupils receive £16,000 plus £10 per pupil
- schools with 16 or fewer pupils receive £1,000 per pupil

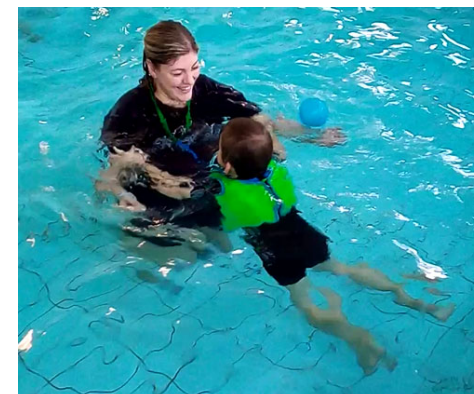
Schools must publish:

- the amount of premium received
- a full breakdown of how it has been spent (or will be spent)
- what impact the school has seen on pupils' PE and sport participation and attainment
- how the improvements will be sustainable in the future
- the percentage of pupils within their year 6 cohort for academic year 2021 to 2022 that can do each of the following:
 - swim competently, confidently, and proficiently over a distance of at least 25 metres
 - use a range of strokes effectively (for example front crawl, backstroke and breaststroke)
 - perform safe self-rescue in different water-based situations



High Park has been allocated for £16,370.

This funding will be used to support both the physical and mental wellbeing of our pupils using a range of activities which are beneficial to pupils with significant communication & interactions needs.



Funded Activity	Allocated amount
Swimming sessions for primary aged pupils	£3,500
Occupational Therapist's salary cost and Occupational Therapy resources	£8,000
P.E. resources	£2,294
Rebound Therapy Training	£2,576

Activity	Desired outcome	Chosen Action/Approach	Evidence and rationale for this approach	Staff lead	Review of implementation and impact
Swimming at St Cuthbert's School & Bowling Pool for primary aged pupils	To increase pupils' confidence and safety in water. To enable pupils to develop independent swimming skills including swimming stroke skills.	All pupils will have the opportunity to attend swimming sessions for at least half a term each year.	Swimming develops confidence, co-ordination and independence for our pupils. Staff will also maximise opportunities for pupils to develop their communication skills during swimming sessions.	Gaynor Howden/Wendy Yates	
Access to Personalised Occupational Therapy equipment for identified pupils i.e. specific gym balls, trampette, lycra body socks	To support individual pupils' varied sensory processing needs and enable them to manage their emotional wellbeing. To increase pupils' readiness for learning as a result of their	All pupils will have access to individualised equipment that is suitable and necessary for them in liaison with the Occupational Therapist. OT will provide ongoing support and guidance	Pupils are more able to engage in a wider range of learning opportunities when they are well regulated. Due to the wide range of complex sensory processing needs that our pupils have, various resources are often	Alex Hermann (Occupational Therapist) and OT Equipment Champions	

	sensory processing needs being met.	to Champion and class team.	needed to meet these significant needs.		
Increased shared Occupational Therapy equipment for group sessions (Sensory Circuits) i.e. battle ropes, Sensory Swing, scooter boards, gym equipment	To support pupils' ability to access a wider range of physical equipment confidently. To increase pupils' opportunities to access age appropriate physical equipment in a safe environment (gym equipment)	All pupils will have the opportunity to engage with shared OT resources on a regular basis with identified support from the OT Champion and in collaboration with Alex Hermann (OT). OT will provide ongoing support and guidance to Champion and class team.	Sensory Circuits sessions provide our pupils with increased opportunities to develop their communication (make choices and requests) as well as support their physical and emotional wellbeing.	Alex Hermann and OT Sensory Movement and Swing Champions	
Increased access to Rebound Therapy	To enable pupils to develop core stability. To increase pupils' confidence to move freely, gaining increasing control of their bodies.	Additional staff will be training in Rebound Therapy to enable increased numbers of pupils to access this activity.	The benefits of Rebound Therapy for pupils with SEN are well researched and documented. Rebound Therapy also significantly increases opportunities for pupils to develop communication and interaction skills both with staff and each other whilst support their sensory processing needs and physical development.	Karla Heath	

Year 6 Pupil Swimming Achievements 2022-23

Target	No. of children achieved target
Swim competently, confidently, and proficiently over a distance of at least 25 metres	
Use a range of strokes effectively (for example front crawl, backstroke and breaststroke)	
Perform safe self-rescue in different water-based situations	