

Menu Cycle

2023 October Half-Term

w/c 30 th October	Week 1
w/c 6 th November	Week 2
w/c 13 th November	Week 1
w/c 20 th November	Week 2
w/c 27 th November	Week 1
w/c 4 th December	Week 2
w/c 11 th December	Week 1
w/c 18 th December	Christmas Holiday
w/c 25 th December	Christmas Holiday
w/c 1 st January	Week 1
w/c 8 th January	Week 2
w/c 15 th January	Week 1
w/c 22 nd January	Week 2
w/c 29 th January	Week 1
w/c 5 th February	Week 2
w/c 12 th February	February Half-Term
w/c 19 th February	Week 1
w/c 26 th February	Week 2
w/c 4 th March	Week 1
w/c 11 th March	Week 1
w/c 18 th March	Week 2
w/c 25 th March	Week 1

2024 Easter Holidays

Dates shown in red are holiday weeks.



High Park School
Learning for Life

High Park School

Lunch Menu

All our dishes are homemade daily.

We continue to follow the healthy eating guidelines to ensure the pupils are always offered a healthy well balanced menu.

- ✓ All meat & poultry used will be locally sourced
- ✓ All fresh fruit & vegetables will be locally sourced
- ✓ All items on our menu are suitable for Muslims
- ✓ We do not use preservatives or additives that are unsuitable for children
- ✓ We have a no nut & no genetically modified ingredient policy

MENU – WEEK 1

MONDAY

Main course

Chickpea, potato and spinach curry with rice and naan
Baked broccoli and cheese cakes with garden salad

Dessert

Double chocolate muffin, fresh fruit, jelly or yoghurt

TUESDAY

Main course

Battered fish, wedges and beans
Twice baked cheesy jackets with beans

Dessert

Lemon biscuit, fresh fruit, jelly or yoghurt

WEDNESDAY

Main course

Chicken and leek puff pie with broccoli and cauliflower
Roasted tomato and onion flan with broccoli and cauliflower

Dessert

Cinnamon bun, fresh fruit, jelly or yoghurt

THURSDAY

Main course

Chicken and broccoli pasta bake with carrots and peas
Breaded cauliflower cakes with carrots and peas

Dessert

Sultana cookie, fresh fruit, jelly or yoghurt

FRIDAY

Main course

Margarita pizza with chips and beans

Dessert

Jam sponge with custard, fresh fruit, jelly or yoghurt

MENU – WEEK 2

MONDAY

Main course

Roasted aubergine and courgette curry with rice and naan
Breaded veggie cakes with mixed salad

Dessert

Fruit muffin, fresh fruit, jelly or yoghurt

TUESDAY

Main course

Sausages with roast potatoes, peas, carrots, Yorkshire pudding and gravy
Cheese and onion rolls with peas and carrots

Dessert

Chocolate chip cookie, fresh fruit, jelly or yoghurt

WEDNESDAY

Main course

Lemon pepper fish cakes with crispy potatoes and sweetcorn salad
Mac and cheese with sweetcorn salad

Dessert

Ginger bun, fresh fruit, jelly or yoghurt

THURSDAY

Main course

Broccoli and cheese potato skins with carrots and cauliflower
Cottage pie with a crispy top, carrots and cauliflower

Dessert

Jam biscuit, fresh fruit, jelly or yoghurt

FRIDAY

Main course

Margarita pizza with chips and beans

Dessert

Chocolate cake and custard, fresh fruit, jelly or yoghurt