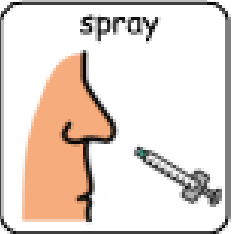
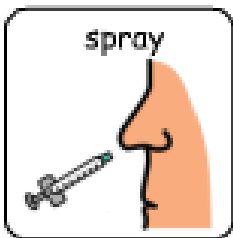




Thursday: (Nasal) Flu Imms Prep (Fluenze / Flu Immunisation Prep)



This may be completed by the School Nurse (SNSN) or Health Care Support Worker (HCSW) for pupils who are preparing for Nasal Immunisations (Fluenze) but this should be undertaken on a weekly basis for all pupils. This will also help to desensitize pupils for health procedures/checks that are near to the face.



Adult to show the pupil the 'Flu Imms Prep' visual support (as shown above).



Adult to go through each of the steps within the 'Flu Imms Prep' visual support.

1. sit still
2. spray (*hold syringe near one nostril - press the syringe down gently to blow area near the nostril/bottom of nose NOT up/in the nostril*)*
3. spray (*hold syringe near other nostril - press the syringe down gently to blow area near the nostril/bottom of nose NOT up/in the nostril*)*
4. finished

To complete the Flu Imms Prep you will need...

Visual Support (t drive > Boardmaker > BM resources > PDFs for printing > health check visuals > [Flu Imms Prep \(Official\)](#))

Empty Medication Syringe

Adult to clean hands following the NHS Handwashing Guidance prior to beginning [Flu Imms Prep](#)

**Initially may just place syringe near to nostril but not pressing down on the syringe to blow air*