

## WHY TEAM-TEACH TRAINING?

Departmental guidance recommends that all staff who are likely to need to use physical interventions in the course of their work should receive clear guidance and appropriate training so that they can do it properly and safely.

Health and Safety legislation also requires employers to provide relevant training to reduce risk wherever it is foreseeable. Team-Teach training is designed to help employers who have a duty of care to fulfill that duty.

Team-Teach is recognised across the UK and around the world as the appropriate training model because it was specifically designed for caring services by experience and qualified teachers and residential care workers.

It provides the correct balance in reducing risk, restraint and restriction within a clear ethical framework.

Many of the services and organisations that have been rated as "Outstanding" or "Good" by independent regulators benefitted from Team-Teach training.

## TRAINING REQUIREMENTS

- The training room needs to be large enough to seat all course members around tables.
- We need two additional tables, one for the presenters and one for a book display.
- There must also be space for a screen and for the tutors to present.
- A separate cleared room or areas is required that is large enough to allow all the course members to stand apart with arms outstretched without touching. (as a rough guide 1 square metre per person)

## STANDARD TRAINING COURSES

- 6hr Foundation Course - for low risk settings where physical interventions are not normally required.
- 12hr Basic Course - for settings where there is a foreseeable risk that physical interventions may be required.
- Advanced Modules - personal safety training for settings where additional risk is evident. Topics include: advanced holds and restraints including ground holds, objects used as weapons, and transport.
- 5 day Intermediate Tutor Course -qualifies employer tutors to train their employees in the 6 and 12 hr programmes. It also allows them to fulfil a vital role monitoring and supervising ongoing practice.
- 4 day Advanced Tutor Course provides an additional qualification to deliver advanced modular training and to monitor, record and report the use of advanced strategies.

All legal content and physical techniques have been risk assessed by leading national experts in the field.

## TEAM-TEACH EXTRA

Visit the website at:

[www.teamteach.co.uk](http://www.teamteach.co.uk)

for information regarding:

- Benefits and outcomes.
- Complement, concerns and complaints procedures.
- Costs.
- Course Options.
- Registration.
- Frequently Asked Questions.
- Case Studies and Research.
- Current News
- Let's share area
- Contact us at [info@teamteach.co.uk](mailto:info@teamteach.co.uk)

## EVIDENCE BASED

Research conducted by the University of Portsmouth in 2004 found that over 80% of Team-Teach course participants rated the trainer's knowledge, attention to safety, approach, organisation, preparation and encouragement of individuals as "excellent".

They reported increased levels of confidence following training and nearly all the respondents said they would recommend Team-Teach to colleagues.

Confident staff can reassure people who are anxious, offer boundaries and choices when people challenge, with safe and effective physical intervention strategies as a last resort. They can also help people to learn how to better manage their feelings and therefore their behaviour by providing opportunities for support, reflection and repair.

Care, education and health settings can be safe places, without fear. They can be places where children, young people and adults know they will be positively cared for and where relationships are valued and supported.

For some people a care home, hospital or school is their only place of safety and security, providing a contrast with the chaos, confusion and instability many have experienced elsewhere.

I am confident that we can work together to improve practice and safeguard people and services.

Good luck

George Matthews

Founder and Director

Team-Teach Ltd

## HEALTH CHECK

Team-Teach courses are appropriate for people with a wide range of fitness and aptitudes. The emphasis in the practical work moves away from dependence on physical strength towards the use of biomechanics and psychology. Physical interventions only form a small part of the comprehensive Team-Teach framework in reducing risk, restraint and restriction.

Safety is our paramount concern. For that reason if you:

- Have a heart condition /high or low blood pressure / chest complaint etc.;
- Have back problems / arthritis / joint pain etc.;
- Have had recent fractures;
- Suffer from diabetes / asthma / epilepsy / anaemia etc.
- Are, or think you may, be pregnant;
- Are presently taking any medication or are under the care of a doctor or health care professional;
- Have any other condition / injury etc. that may be affected by taking part in the physical aspects of this training;
- Are in any doubt or are concerned about your ability to undertake this training;

Then please consult with your doctor in the first instance and discuss with your employer any medical advice you were given.

Please ensure that you speak to the Lead Tutor before the start of the training if you have any specific health concerns regarding the practical activity.

George Matthews Director Team-Teach Ltd

Honorary Trustee GSA, Churchill Fellow,

Founder Member of BILD trainers panel

[www.teamteach.co.uk](http://www.teamteach.co.uk)

Over the past 20 years Team-Teach has grown and developed to become the largest provider of training for mainstream, special, child and increasingly adult services in the UK. It has also been adopted internationally because it offers personalised training in a range of risk, restraint and restriction reduction strategies.

It is a holistic approach designed for whole staff teams working with leadership and management. Team-Teach promotes a multi-disciplinary approach between education, social care and health providers.

The training evolved from a residential care, education and health background working with service users who have a variety of emotional, mental health, social, behavioural, learning, communication and physical health needs.

## RECOGNITION AND ACCREDITATION

Registered Team-Teach training providers in the UK are accredited by Team-Teach Ltd within an international umbrella. The Team-Teach approach has been adopted by organisations in the UK, Ireland, Switzerland, Italy, Malta, Germany, Abu Dhabi, Hong Kong, Australia, New Zealand, The Falklands, Grand Cayman and Jamaica.

In the UK Team-Teach was one of the first organisations to be accredited under the BILD scheme. In 2015, Team-Teach achieved the broader based Institute of Conflict Management (ICM) accreditation. The ICM was established with the support of the Health & Safety Executive in 2000. It serves as the secretariat to the All Party Parliamentary Group (APPG) which meets 3 times a year at the House of Commons to promote best policy and practice in the prevention and management of work-related violence and bullying.

Team-Teach has received several National Training Awards.



Welcome to

# Team-Teach

Team-Teach is led by its founder George Matthews who was awarded a Churchill fellowship in 1996. He toured the UK and United States to gather best practice before putting together the package that is now Team-Teach.

As a teacher George was keen to develop the diversion, defusion and de-escalation skills which can allow 95% of situations to be resolved without the need for physical intervention.

## PRIVACY NOTICE

The General Data Protection Regulation (GDPR effective 1 May 2018) imposes strict obligations on those who handle data.

Here at Team-Teach Ltd we take your privacy seriously and will only use your personal information to administer your own account and to provide the products and services you have requested from us. Any personal data in your account is entered by you and can be altered or removed by you by accessing your account. If you wish us to remove any data from our records on your behalf please email [GDPR@teamteach.co.uk](mailto:GDPR@teamteach.co.uk).

See the full notice on the Team-Teach website.