P.E. and Sports Premium 2023-2024

Purpose of the premium

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2023 to 2024 academic year, to encourage the development of healthy, active lifestyles.

Funding Allocations

Allocations for the academic year 2023 to 2024 are calculated using the number of pupils in years Reception to Year 6, as recorded in the January 2024 census, as follows:

- schools with 17 or more pupils receive £16,000 plus £10 per pupil
- schools with 16 or fewer pupils receive £1,000 per pupil

Schools must publish:

- the amount of premium received
- a full breakdown of how it has been spent (or will be spent)
- what impact the school has seen on pupils' PE and sport participation and attainment
- how the improvements will be sustainable in the future
- the percentage of pupils within their year 6 cohort for academic year 2023 to 2024 that can do each of the following:
    - swim competently, confidently, and proficiently over a distance of at least 25 metres
    - use a range of strokes effectively (for example front crawl, backstroke and breaststroke
    - perform safe self-rescue in different water-based situations

High Park has been allocated for £16,400 (this figure might be adjusted later in the school year to reflect current pupil numbers in primary)

This funding will be used to continue to support both the physical and mental wellbeing of our pupils using a range of activities which are beneficial to pupils with significant communication & interactions needs.

Funded Activity	Allocated amount
Swimming sessions for primary aged pupils	£3,500
Part contribution towards Occupational Therapist's salary cost and Occupational Therapy resources	£8,000
P.E. resources	£2,400
Rebound Therapy Training (Oct 2023)	£2,500

Activity	Desired outcome	Chosen Action/Approach	Evidence and rationale for this approach	Staff lead	Review of implementation and impact
Swimming at St Cuthbert's School for primary aged pupils	To increase pupils' confidence and safety in water. To enable pupils to develop independent swimming skills including swimming stroke skills.	All pupils will have the opportunity to attend swimming sessions for at least half a term each year.	Swimming develops confidence, co-ordination and independence for our pupils. Staff will also maximise opportunities for pupils to develop their communication skills during swimming sessions.	Sarah Spencer Phase Leader assisted by PE Lead Kirsty Goodbold	A range of pupils across the primary school have been able to access swimming. Only 2 pupils in the whole of primary were unable to go. This has increased their water confidence and familiarisation with using the swimming pool. This is something that has been extended to the home environment with more families being able to engage with the activity out of school

Access to Personalised Occupational Therapy equipment for identified pupils i.e. sensory gym equipment for use in Acorn and Beech Base, specific gym balls, trampette, lycra body socks	To support individual pupils' varied sensory processing needs and enable them to manage their emotional wellbeing. To increase pupils' readiness for learning as a result of their sensory processing needs being met. Sensory gym equipment to incorporate a varied daily session in the Base Middle space to improve body awareness, motor skills, as well as communication and social skills.	All pupils will have access to individualised equipment that is suitable and necessary for them in liaison with the Occupational Therapist. OT will provide ongoing support and guidance to teachers and wider class team.	Pupils are more able to engage in a wider range of learning opportunities when they are well regulated. Due to their complex sensory processing needs. A variety of resources are required to meet these significant needs.	Alex Hermann (Occupational Therapist) and CPD for all staff members.	100% of pupils in primary have been able to take part in sessions accessing the range of OT equipment. Due to this we have seen a reduction in behaviours and more pupils ready to access learning. Personlised OT programs have been produced and carried out for our most disadvantaged pupils.

Increased shared Occupational Therapy equipment for group sessions (Sensory Circuits) i.e. battle ropes, Sensory Swing, scooter boards, gym equipment	To support pupils' ability to access a wider range of physical equipment confidently. To increase pupils' opportunities to access age-appropriate physical equipment in a safe environment (gym equipment)	All pupils will have the opportunity to engage with shared OT resources on a regular basis with identified support from the OT Champion and in collaboration with Alex Hermann (OT). OT will provide ongoing support and guidance to Champion and class team.	Sensory Circuits sessions provide our pupils with increased opportunities to develop their communication (make choices and requests) as well as support their physical and emotional wellbeing.	Alex Hermann and OT Sensory CPD for all staff members.	Bases have utilised their middle areas for pupils to share and explore sensory circuits together.

Increased access to Rebound Therapy	To enable pupils to develop core stability. To increase pupils' confidence to move freely, gaining increasing control of their bodies.	Additional staff will be trained in Rebound Therapy to enable increased numbers of pupils to access this activity.	The benefits of Rebound Therapy for pupils with SEN are well researched and documented. Rebound Therapy also significantly increases opportunities for pupils to develop communication and interaction skills both with staff and each other whilst support their sensory processing needs and physical development.	Michelle Regan and Katie Hope-Shackleton under the guidance and strategic leadership of Kirsty Regan	Following Rebound training in October 2023, staff have been trained to implement timetabled sessions in the rebound rooms. This has been essential for pupils to participate in as it impacts greatly on both emotional and physical regulation and wellbeing. We have seen a reduction in behaviour incidents as pupils are able to participate in programmes targeting regulation.

Year 6 Pupil Swimming Achievements 2023-24	
Target	No. of children achieved target
Swim competently, confidently, and proficiently over a distance of at least 25 metres	All year 6 pupils (2 in total) attending swimming lessons in the last academic year did not have the ability to swim unaided. However, through the swimming sessions many of our pupils have grown massively in water confidence as well as their ability to attempt swimming short distances without aids.
Use a range of strokes effectively (for example front crawl, backstroke and breaststroke)	All year 6 pupils (2 in total) attending swimming lessons in the last academic year did not have the ability to swim unaided. However, through the swimming sessions many of our pupils have grown massively in water confidence as well as their ability to attempt swimming short distances without aids.

Perform safe self-rescue in different water-based situations	All year 6 pupils (2 in total) attending swimming lessons in the last academic year did not have the ability to swim unaided. However, through the swimming sessions many of our pupils have grown massively in water confidence as well as their ability to attempt swimming short distances without aids.